

Litany of the Sorrowful Mother

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven, Have mercy on us.
God the Son, Redeemer of the world, Have mercy on us.
God the Holy Ghost, Have mercy on us.
Holy Trinity, One God, Have mercy on us.

Holy Mary, conceived without sin, Pray for us.
Holy Mother of God, *Pray for us.*
Mother of Christ, *Pray for us.*
Mother of Our Saviour Crucified, *Pray for us.*
Mother most Sorrowful, *Pray for us.*
Mother most tearful, *Pray for us.*
Mother most afflicted, *Pray for us.*
Mother most lonely, *Pray for us.*
Mother most desolate, *Pray for us.*
Mother pierced by the sword of sorrow, *Pray for us.*
Queen of Martyrs, *Pray for us.*
Comfort of the sorrowful, *Pray for us.*
Help of the needy, *Pray for us.*
Protectress of the forsaken, *Pray for us.*
Support of widows and orphans, *Pray for us.*
Health of the sick, *Pray for us.*
Hope of the troubled, *Pray for us.*
Haven of the ship-wrecked, *Pray for us.*
Refuge of sinners, *Pray for us.*
Hope of the despairing, *Pray for us.*
Mother of mercy, *Pray for us.*

Through thy poverty in the stable of Bethlehem,
Through thy sorrow at the prophecy of Simeon,
Through thy sad flight into Egypt,
Through thy anxiety when seeking thy lost Child,
Through thy grief when seeing thy Divine Son persecuted,
Through thy fear and anxiety when Jesus was apprehended,
Through thy pain caused by the treason of Judas and the denial of Peter,

Through thy sad meeting with Jesus on the way of the Cross, Through the tortures of thy loving Heart at the Crucifixion of Jesus,
Through thy agony at the death of Jesus,
Through the sword of sorrow that pierced thy heart when the side of Jesus was transfixed by the lance,
Through thy lamentations over the dead Body of thy Divine Son lying on thy bosom,
Through thy deep mourning at His tomb,
Through thy desolation after the burial of Jesus,
Through the tears thou didst shed for thy beloved Son,
Through thy wonderful resignation to the will of God in all thy sufferings,

O Queen of peace,
In all our tribulations,
In our illnesses and pains,
In our sorrows and afflictions,
In our need and destitution,
In our fears and dangers,
In the hour of our death,
On the Day of Judgment,

Lamb of God, Who takes away the sins of the world, Spare us, O Lord.
Lamb of God, Who takes away the sins of the world, Graciously hear us, O Lord.
Lamb of God, Who takes away the sins of the world, Have mercy on us, O Lord.

V. Pray for us, O Sorrowful Virgin,
R. That we may be made worthy of the promises of Christ.

Let Us Pray .

We beseech Thee, O Lord Jesus Christ, let Thy Mother, the Blessed Virgin Mary, whose holy soul was pierced by a sword of sorrow at the hour of Thy passion, implore Thy mercy for us, both now and at the hour of our death, Who lives and reigns, world without end. R. Amen.

