

DAILY PRAYERS

OUR FATHER

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses as
we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

HAIL MARY

Hail Mary, full of grace,
The Lord is with Thee;
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for us sinners,
Now and at the hour of our death.
Amen.

GLORY BE

Glory be to the Father,
And to the Son,
And to the Holy Spirit.
As it was in the beginning, is now,
And ever shall be,
World without end. Amen.

COME HOLY SPIRIT PRAYER

Come Holy Spirit, fill the hearts of Thy faithful
and kindle in them the fire of Thy love.
Send forth Thy Spirit,
and they shall be created
and Thou shalt renew the face of the earth.
O God, who didst teach the hearts of Thy faithful
people by sending them the light of Thy Holy Spirit,
grant us by the same Spirit to have a right
judgment in all things, and evermore to rejoice in His
holy comfort. Through Christ our Lord.
Amen.

ST. MICHAEL THE ARCHANGEL

St. Michael the Archangel,
defend us in the day of battle.
Be our safeguard against the wickedness
and the snares of the devil.
May God rebuke him,
we humbly pray, and do thou,
O Prince of the heavenly host,
by the power of God, cast into hell Satan
and all the other evil spirits
who prowl through the world
seeking the ruin of souls. Amen.

The Apostles' Creed

I believe in God, the Father Almighty.
Creator of heaven and earth;
and in Jesus Christ, His only Son,
our Lord, who was conceived
by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried.
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God
the Father Almighty;
from thence He shall come to judge
the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

CANTICLE OF THE THREE YOUTHS

Bless the Lord, all you works of the Lord;
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord;
You heavens, bless the Lord;
All you waters above the heavens, bless the Lord.
All you hosts of the Lord; bless the Lord.
Sun and moon, bless the Lord;
Stars of heaven, bless the Lord.
Every shower and dew, bless the Lord;
All you winds, bless the Lord.
Fire and heat, bless the Lord;
Cold and chill, bless the Lord.
Dew and rain, bless the Lord;
Frost and cold, bless the Lord.
Ice and snow, bless the Lord;
Nights and days, bless the Lord.
Light and darkness bless the Lord;
Lightning and clouds, bless the Lord.
Let the earth bless the Lord;
Praise and exalt him above all forever.

Prayer for Daily Neglects

Eternal Father, I offer Thee the Sacred Heart of
Jesus, with all its Love, all its sufferings and all its
merits.

First - To expiate all the sins I have committed this
day and during all my life. Glory be to the Father
and to the Son...!

Second - To purify the good I have done badly this
day and during all my life. Glory be to the Father
and to the Son...!

Third - To supply for the good I ought to have done
and that I have neglected this day and during all my
life. Glory be to the Father...!

A Poor Clare nun, who had just died, appeared to
her abbess, who was praying for her, and said to her,
"I went straight to heaven, for, by means of this
prayer, recited every evening, I paid my debts."

(This prayer is not meant to replace confession)

CANTICLE OF THE THREE YOUTHS (CONT)

Mountains and hills, bless the Lord
Everything growing from the earth, bless the Lord.
You springs, bless the Lord;
Seas and rivers, bless the Lord.
You dolphins and all water creatures, bless the Lord;
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord;
Praise and exalt him above all forever.
You sons of men, bless the Lord;
O Israel, bless the Lord.
Priests of the Lord, bless the Lord;
Servants of the Lord, bless the Lord.
Spirits and souls of the just, bless the Lord;
Holy men of humble heart, bless the Lord.
Ananias, Azarias, Misael, bless the Lord;
Praise and exalt him above all forever.
Let us bless the Father and the Son and the Holy
Ghost; Let us praise and exalt God above all forever.
Blessed are you in the firmament of heaven;
Praiseworthy and glorious forever. Amen

PRAYER OF MANASSEH

1 Lord Almighty, God of our ancestors,
God of Abraham, Isaac, Jacob,
and their righteous children,
2 you made heaven and earth
with all their beauty.
3 You set limits for the sea
by speaking your command.
You closed the bottomless pit,
and sealed it by your powerful
and glorious name.
4 All things fear you and tremble
5 because no one can endure
the brightness of your glory.
No one can resist the fury
of your threat against sinners.
6 But your promised mercies
are beyond measure and imagination,
7 because you are the highest, Lord,
kind, patient, and merciful,
and you feel sorry over human troubles.
b You, Lord, according to
your gentle grace,
promised forgiveness to those
who are sorry for their sins.
In your great mercy,
you allowed sinners to turn
from their sins and find salvation.
8 Therefore, Lord,
God of those who do what is right,
you didn't offer
Abraham, Isaac, and Jacob,
who didn't sin against you,
a chance to change their hearts and lives.
But you offer me, the sinner,
the chance to change my heart and life,
9a because my sins outnumbered
the grains of sand by the sea.
My sins are many, Lord; they are many.
I am not worthy to look up,
to gaze into heaven
because of my many sins.

PRAYER OF MANASSEH (CONT)

9b Now, Lord, I suffer justly.
I deserve the troubles I encounter.
Already I'm caught in a trap.
10 I'm held down by iron chains
so that I can't lift up my head
because of my sins.
There's no relief for me,
because I made you angry,
doing wrong in front of your face,

setting up false gods
and committing offenses.

11 Now I bow down before you
from deep within my heart,
begging for your kindness.
12 I have sinned, Lord, I have sinned,
and I know the laws I've broken.
13 I'm praying, begging you:
Forgive me, Lord, forgive me.
Don't destroy me along with my sins.
Don't keep my bad deeds
in your memory forever.
Don't sentence me to the earth's depths,
for you, Lord, are the God
of those who turn from their sins.
14 In me you'll show how kind you are.
Although I'm not worthy,
you'll save me according
to your great mercy.
15 I will praise you continuously
all the days of my life,
because all of heaven's forces praise you,
and the glory is yours
forever and always. Amen.

Psalm 51 Miserere

1 Have mercy on me, O God,
according to your unfailing love;
according to your great compassion
blot out my transgressions.

2 Wash away all my iniquity
and cleanse me from my sin.

3 For I know my transgressions,
and my sin is always before me.

4 Against you, you only, have I sinned
and done what is evil in your sight;
so you are right in your verdict
and justified when you judge.

5 Surely I was sinful at birth,
sinful from the time my mother conceived me.
6 Yet you desired faithfulness even in the womb;
you taught me wisdom in that secret place.

7 Cleanse me with hyssop, and I will be clean;
wash me, and I will be whiter than snow.

8 Let me hear joy and gladness;
let the bones you have crushed rejoice.

9 Hide your face from my sins
and blot out all my iniquity.

Psalm 51 Miserere (Cont)

10 Create in me a pure heart, O God,
and renew a steadfast spirit within me.

11 Do not cast me from your presence
or take your Holy Spirit from me.

12 Restore to me the joy of your salvation
and grant me a willing spirit, to sustain me.

13 Then I will teach transgressors your ways,
so that sinners will turn back to you.

14 Deliver me from the guilt of bloodshed, O God,
you who are God my Savior,
and my tongue will sing of your righteousness.

15 Open my lips, Lord,
and my mouth will declare your praise.

16 You do not delight in sacrifice, or I would bring it;
you do not take pleasure in burnt offerings.

17 My sacrifice, O God, is] a broken spirit;
a broken and contrite heart
you, God, will not despise.

18 May it please you to prosper Zion,
to build up the walls of Jerusalem.

19 Then you will delight in the sacrifices of the
righteous,
in burnt offerings offered whole;
then bulls will be offered on your altar.