

# SACRED HEART OF JESUS NOVENA

Begins 5/30 until 6/7

Feast day 6/8/2018

## Day 1

My God and my Lord, Jesus Christ, in deepest humility I kneel before you and adore your Divine Heart. No one dares to doubt that you will grant all graces necessary to our salvation. Did you not say: "God alone is good," and are not you my very God? Is not your Heart the Heart of God who is all love? Therefore, there can be no power that is able to hinder you from granting our requests. Nothing is difficult for your omnipotence and your riches are infinite and can never be exhausted. No matter how often I may have sinned against you, I shall not despair because I know that you are God, infinite in generosity and mercy, always ready to pardon every contrite and humble sinner.

O compassionate Heart of Jesus, God of solace, grant me comfort. Pardon me, come to my assistance. Say but the word and I shall find relief in my sore trials (mention your request). I place my hope in you. Let me not be confounded, O Heart of my omnipotent God, have mercy on me

## DAY TWO

With the greatest confidence I come to you, the fatherly Heart of Jesus for I know that no father, were he ever so loving and solicitous, can possibly love his children as you have always loved me. To whom, therefore, shall I go if not to you the best of fathers and the author of all good? It is indeed true that I have grievously offended you, that I have neglected to honor you properly and have been guilty of ingratitude and do not deserve to be numbered among your children. But although I forgot my duty to you as your child I know that you are still my beloved Father in heaven. Now with a contrite heart I kneel at your feet weeping over my sins and promising you that in the future I shall make every effort never to offend you again. I hope in spite of my sinfulness to be received by you who have so often sought me.

O sweetest Heart of Jesus help me with your grace so that I may carry out my resolution. Then, O Jesus, if my wishes are not contrary to your most holy will, I beg of you (mention your request) for which I pray with confidence and hope to receive from your infinite goodness. Amen.

## DAY THREE

O beloved Jesus, my heart is deeply moved at the thought that you, Almighty God, should take upon yourself our human nature in order to enable you to become our brother and to make us children of God. But your loving Heart was not satisfied to raise us to such high dignity; you also desired to make us partakers in your inheritance in the kingdom of heaven. How greatly are we indebted to you for these favors. O how I grieve to think that until this very day I have been so ungrateful for your many gifts. Most humbly do I ask for your forgiveness and pray that you will through the merits of your Sacred Heart grant me the grace to follow you in all things so that at death your heavenly Father may find me worthy to be your brother in heaven. Furthermore, I beg of your most merciful Heart to have pity on me in my present need and grant me the favor (mention your request) that I hope to obtain from you.

## DAY FOUR

O sweetest Heart of Jesus, to whom shall I turn in all my sorrows if not to you, the faithful friend of our souls? You have given your very life for me. How then can you refuse me your assistance during my life? It is true, indeed, and I must confess this to you, that instead of relying on you only I have too often trusted to the love and friendship of creatures although I had frequently experienced their treachery. If I have thus insulted you in the past, I promise in the future never to repeat the offense. I promise henceforth in all my doubts, afflictions and needs I will have recourse to you only to find light, help, comfort and grace. Henceforth, you alone shall be my friend, upon you alone will I rely. Your friendship shall be above all others. In fact, I promise to renounce all other friendships if they are an occasion of disloyalty to you. To manifest my perfect trust in you, I now beg of you to help me in my present need. (mention your request) O I pray you to be my "strong defense." Be to me a "medicine for immortality." By kindly granting this request, you will unite my heart more closely with yours and make me forever grateful for your love. Do not permit my trust in you to be confounded, O eternally faithful, benevolent and sweet Heart of Jesus.

## **DAY FIVE**

O Divine Savior, the infinite love of your Sacred Heart was so inflamed for us that it brought you as a sacrifice of propitiation for our sins to the altar of the cross. Still your love was not satisfied with this but permitted your heart and better understand your indescribable longing for our salvation. You have given us the wounded Heart and kept it open not only that we might find therein a protection against the justice of the Eternal Father whom we have offended by our sins but also that this source of grace and mercy may always be open to us in our needs.

Why then do I come to you so seldom and so indifferently? Why do I not fly to this source of all grace? O dearest Jesus forgive me these insults which through want of confidence in you I have so often committed against you. Behold, I now come to you with living faith with the intention never to leave you. Here I shall seek what I need so much, first the forgiveness of my sins, the grace to do better, and then I pray for your assistance in my present need. (mention your request) Amen.

## **DAY SIX**

O Jesus, my divine model and teacher, what can I do when I see you the Son of the Eternal Father, full of glory and honor, laden with the cross, walking the awful road to death, especially when thereby you show me the way to salvation without selfishness but only for my benefit? O Jesus, what can I do but have faith in you and return your love by at least bearing my trials in patience and humility. And this, particularly, my God, because I have so often experienced the great power that my passions have over me, and how seldom I can withstand the temptations of the world. How hard do I not find it to deny myself the pleasure to mortify my desires and to renounce the false splendor of the world although I know full well that all these things so easily lead me into sin.

O give me strength to resist my passions and close my eyes to the allurements and charms of the world, help me to imitate your poverty, purity and humility, and send me trials with the strength to bear them humbly. Though I fear them, they are necessary for me. But I wish to follow you and become like you. Therefore, permit me to drink all of your chalice of suffering. Heart of Jesus, burning for love of me, inflame my heart with love for you. Amen.

## **DAY SEVEN**

O my Divine Savior, according to the words of the Holy Scriptures, you are in truth our advocate before your Father. You have freely taken this office upon yourself and unceasingly exercise it with faithful and loving zeal for all who trust in you. Your influence with the Father is so great he will not refuse you. He always hears you as you have testified at the grave of Lazarus. Filled with this faith and with confidence in your compassionate Heart I come to you to plead my cause. I have offended your Father and have called the anger of his Majesty upon myself. I am heavily indebted to his strict justice. I have nothing with which to pay the debt and therefore must fear the punishment. Besides all this, I am in the present need of (mention your request) where only the power of the Father can help me. For the salvation of my soul I sorely need this grace.

O may it come to me from the riches of your Father. O my beloved advocate, from your throne in heaven to your Father and to my Father, to your God and to my God, reconcile me with him. Repay my debts out of the infinite treasury of your merits and obtain for me assistance in my present trial and the grace that I need so much. In the "Our Father" you have composed a prayer with which I will now approach the Father. Accompany me and with the fervor and power of your most Sacred Heart as my mediator, say with me: Pray the Our Father

## **DAY EIGHT**

My God and my Savior, Jesus Christ, I believe it to be an undeniable truth. I believe it firmly, O Jesus, that you are my good shepherd. Even if you had not said it, I would believe it because I know that you have in my behalf always manifested the heart of a good shepherd. Would that I, during my entire life, had permitted the goodness and solicitude of your Heart to lead me; would that I had never departed from your side, for then I would not have suffered so much misery and tribulation. But alas, I was untrue to you so often that in consequence I fell into the abyss of sin and was mortally wounded. Now, however, your straying lamb calls to you from the depths of its misery.

O my good Shepherd, have mercy on me; give me proof again of your compassionate Heart. After all that you have thus far done for me I cannot believe that your Heart will reject me. Consequently, I beseech this Heart, I embrace it with confidence; and conjure you by all your merits that you obtain for me from your heavenly Father the forgiveness of my sins and the grace for a complete conversion. And then I also pray for the grace of (mention your request) which I am so much in need and which I hope to receive as the fruit of this novena. O Heart of the good Shepherd, have mercy on me. Amen.

## **NINTH DAY**

O adorable Savior, Jesus Christ, I believe what your holy Word teaches. I believe that you were made a priest forever by the solemn oath of your eternal Father and that you offer sacrifices forever. I believe that you offer the sublime, holy and pure sacrifice most pleasing to God in the fire of your love, your Heart, your infinite merits, even your entire self. I believe that the most profound compassion your priestly Heart impels you to carry on the function of your priesthood forever and ever in order to reconcile your Father with us and to offer Him adoration, praise and thanksgiving for us as well as to entreat Him and grant us every needed grace.

Inspired by this faith I come to you, O loving Jesus. I place all my needs with great confidence in your priestly Heart and upon the altar of Your Heart. The eternal Father cannot refuse anything to such a priest and His sacrifice. Remember me then in all the Masses in which you offer yourself today through the world. Let your petition ascend from your Sacred Heart that the eternal Father may decide, through your merits, to forgive me all my sins which I detest from the bottom of my heart and in His Fatherly love to grant me the grace for which I have so ardently pleaded during this Novena (mention your request)

O Sacred Heart of Jesus, if the heavenly Father grants this request for your sake it will redound to your own glory because it will be a testimony to your Father's love for you. Obtain this honor for yourself and from the sanctuary of heaven bring to me this desired grace so that my faith in you may be strengthened and my love of you may be more enkindled, O loving and priestly Heart of Jesus.